

APSU Writing Center
Sentence Note-Taking Method

Sentence Note-Taking Method

- Use this method for fast-paced lectures or unstructured lessons.
- Write full sentences on separate lines.
- Transcribe information quickly as you hear it.
- Separate unrelated ideas or topics with new lines.
- Combine this method with other note-taking strategies when rewriting notes.

How to Use the Sentence Note-Taking Method:

- Write each point as a complete sentence.
- Start a new line for each new idea.
- Number each line.
- Review and reorganize notes after class.

Sentence Note-Taking Examples:

The Sentence Method

Main Point #1

- Sentence #1 for main point.
- Sentence #2 for main point.
- Sentence #3 for main point.

Main Point #2

- Sentence #1 for main point.
- Sentence #2 for main point.

Main Point #3

- Sentence #1 for main point.

Sleep Disorders

- Sleep terrors occur at stage 4 of NREM.
- Nightmares have no consistent duration.
- Sleepwalkers cannot recall their sleepwalking.
- A common cause of sleepwalking is fatigue.
- Sleep terrors occur within 15-90 min of sleep.

Sentence Method

- The sentence method focuses on speed rather than structure.
- It is useful when lectures move quickly.
- Notes should be rewritten later using a structured method.



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References

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