

**APSU Writing Center**  
Sentence Note-Taking Method

**Sentence Note-Taking Method**

- Use this method for fast-paced lectures or unstructured lessons.
- Write full sentences on separate lines.
- Transcribe information quickly as you hear it.
- Separate unrelated ideas or topics with new lines.
- Combine this method with other note-taking strategies when rewriting notes.

**How to Use the Sentence Note-Taking Method:**

- Write each point as a complete sentence.
- Start a new line for each new idea.
- Number each line.
- Review and reorganize notes after class.

**Sentence Note-Taking Examples:**

**The Sentence Method**

Main Point #1

- Sentence #1 for main point.
- Sentence #2 for main point.
- Sentence #3 for main point.

Main Point #2

- Sentence #1 for main point.
- Sentence #2 for main point.

Main Point #3

- Sentence #1 for main point.

**Sleep Disorders**

- Sleep terrors occur at stage 4 of NREM.
- Nightmares have no consistent duration.
- Sleepwalkers cannot recall their sleepwalking.
- A common cause of sleepwalking is fatigue.
- Sleep terrors occur within 15-90 min of sleep.

**Sentence Method**

- The sentence method focuses on speed rather than structure.
- It is useful when lectures move quickly.
- Notes should be rewritten later using a structured method.



## APSU Writing Center

### References

Edraw Content Team. (n.d.). *How to take notes: 5 Most Effective Note-taking Methods*. Retrieved from: <https://www.edrawmind.com/article/note-taking-methods.html>

Gardiner, F. (2023, March 31). *The Sentence Method of Notetaking*. University Librarian. <https://www.universitylibrarian.com/blog/the-sentence-method-of-notetaking>

Staake, J. (2022, December 30). *7 Helpful Note-Taking Strategies Your Students Should Know*. <https://www.weareteachers.com/note-taking-strategies/>

Tamm, S. (2023, January 20). *The 9 Most Effective Note-Taking Methods*. E-student.org. <https://e-student.org/note-taking-methods/>