

**APSU Writing Center**  
Flow Note-Taking Method

### Flow Note-Taking Method

The Flow Method is a visual and flexible approach that helps you understand how ideas connect on a deeper level. Instead of focusing on linear note-taking, this method emphasizes relationships between concepts and encourages active engagement with the material.

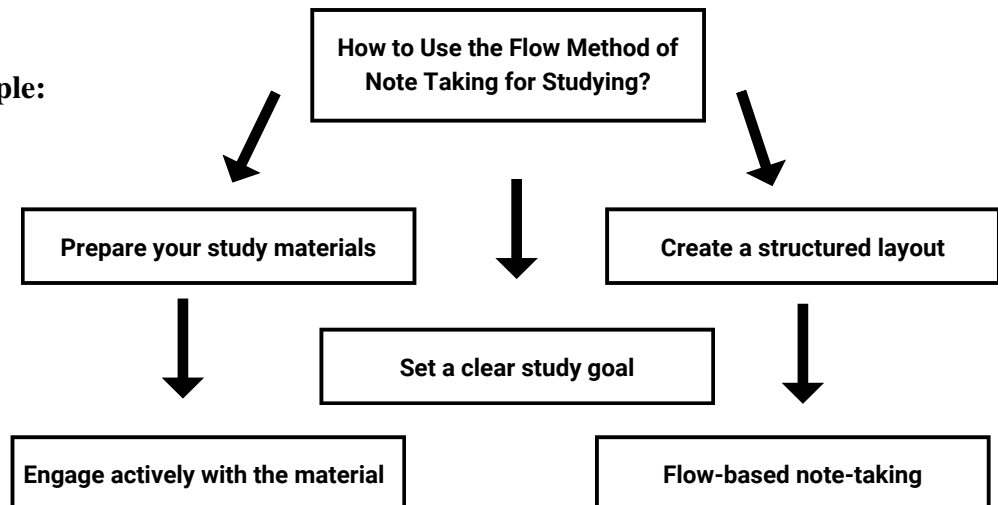
### Why Use the Flow Method?

- Helps you understand interrelationships between concepts at a higher level.
- Focuses on major ideas and how they connect.
- Encourages active learning and critical thinking.
- Great for reviewing notes and reinforcing long-term understanding.
- Uses arrows, lines, and visuals to show how ideas relate.

### How to Use the Flow Note-Taking Method

- Write major ideas using short phrases or keywords, leaving plenty of space.
- Draw connections between ideas using arrows, lines, and shapes.
- Add new ideas as they come to you while reviewing or listening.
- Incorporate quick sketches, diagrams, or symbols to visualize concepts.
- Allow your notes to “flow” across the page rather than sticking to a strict outline.

### Flow Note-Taking Example:





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### References

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<https://law-hawaii.libguides.com/notetaking/flowbased>

Tamm, S. (2023, January 20). *The 9 most effective note-taking methods*. E-Student.

<https://e-student.org/note-taking-methods/>

NAME:

COURSE:

DATE:

MAIN POINT:

