



**Sample 4 Year Plan
Bachelor of Science
Kinesiology
Pre-Professional Concentration**

		Fall Semester		Spring Semester		
		Course Information	Credit Hrs	Course Information	Credit Hrs	
First Year	AP	UNIV 1000 – University Success	1	AP	ENGL 1020 – English Composition II	3
	AP	ENGL 1010 – English Composition I	3	AP	BIOL 2020/2021 – Human Anatomy and Physiology II w/lab	4
	AP	BIOL 2010/2011 – Human Anatomy & Physiology I w/lab	4	AP	Social and Behavioral Sciences Core	3
	AP	COMM 2045 – Public Speaking	3	AP	Humanities and Fine Arts Core	3
	AP	MATH 1530 – Elements of Statistics	3		Elective	3
	AP	HHP 1250 – Wellness Concepts	3			
		TOTAL SCH	17		TOTAL SCH	16

		Fall Semester		Spring Semester		
Second Year	AP	ENGL 2330 – Topics in World Lit	3		HHP 3300 – Anatomical Kinesiology	3
	AP	History Core	3		BIOL 1110/1111 – General Biology I w/lab	4
	AP	Humanities and Fine Arts Core	3		CHEM 1110/1111 – General Chemistry I w/lab	4
		HHP 2070 – Principles of Strength and Conditioning	3	AP	History Core	3
		MATH 1730 – Pre-calculus	4			
		TOTAL SCH	16		TOTAL SCH	14

		Fall Semester		Spring Semester		
Third Year		HHP 4700 – Research Application in Exercise Science	3		Elective	3
		HHP 4250 – Physiology of Exercise	3		PHYS 2010/2011 – College Physics I w/lab	4
		HHP 4220 – Analysis of Movement	3		HHP 4350 – Fitness Assessment and Exercise Prescription	3
		HHP 3070 – Advanced Strength and Conditioning	3		Elective	3
		CHEM 1120/1121 – General Chemistry II w/lab	4		Elective	3
			TOTAL SCH	16		TOTALSCH

		Fall Semester		Spring Semester		
Fourth Year		PHYS 2020/2021 – College Physics II w/lab	4		Extended HHP Elective	3
		BIOL 1120/1121 – General Biology II w/lab	4		Extended HHP Elective	3
		Elective	2		Extended HHP Elective	3
		HHP 4550 – Pathophysiology and Exercise Prescription for Special Populations	3		Extended HHP Elective	3
			TOTAL SCH	13		TOTAL SCH

***AP** designates General Education Core Course to be completed for your degree.

**Bachelor degrees require the completion of 33 upper division (3000 – 4999) credit hours.