



**Sample 4 Year Plan
Bachelor of Science
Health and Human Performance
Public Health Concentration**

		Fall Semester		Spring Semester		
First Year		Course Information	Credit Hrs		Course Information	Credit Hrs
	AP	UNIV 1000 – University Success	1	AP	ENGL 1020 – English Composition II	3
	AP	ENGL 1010 – English Composition I	3	AP	Natural Sciences Core w/lab	4
	AP	Humanities and Fine Arts Core	3	AP	History Core	3
	AP	COMM 2045 – Public Speaking	3	AP	Humanities and Fine Arts Core	3
	AP	Mathematics Core	3		Elective	3
	AP	HHP 1250 – Wellness Concepts	3			
		TOTAL SCH	16		TOTAL SCH	16

		Fall Semester		Spring Semester		
Second Year	AP	ENGL 2330 – Topics in World Lit	3	AP	Social and Behavioral Sciences Core	3
	AP	Natural Sciences Core w/lab	4	AP	History Core	3
		HHP 2250 – Public Health Essentials	3		HHP 3000 – Health Care Management	3
		Elective	3		Elective	3
		Elective	3		Elective	3
					HHP 2251 – Health Education Professions Orientation	1
			TOTAL SCH	16		TOTAL SCH

		Fall Semester		Spring Semester		
Third Year		HHP 3600 – Communication and Advocacy	3		HHP 3450 – Health Issues of Special Populations	3
		HHP 3055 – Program Planning and Evaluation I	3		HHP 4055 – Program Planning and Evaluation II	3
		HHP 4070 – Intro to Human Health and Disease	3		HHP 4500 – Epidemiology	3
		HHP 4010 – Foundation of Health Education	3		HHP 4800 – Capstone to Public Health	3
		Elective	3		Elective	3
			TOTAL SCH	15		TOTALSCH

		Fall Semester		Spring Semester		
Fourth Year		Elective or EPCH Elective	14		HHP 4401 – Internship in HHP and EPHC Electives or EPHC Electives	12
			TOTAL SCH	14		TOTAL SCH

*AP designates General Education Core Course to be completed for your degree.

**Bachelor degrees require the completion of 33 upper division (3000 – 4999) credit hours.

Group A: EPCH Electives

- | | |
|---|---|
| HHP 3030 – Nutrition – Science and Applications | COMM 3800 – Principles of Media Advertising |
| HHP 3110 – Substance Use and Abuse | POLS 2040 – Intro to |
| HHP 3400 – Coordinated Approach to Child Health | POLS 4050 – Health Care Policy in the U.S. |
| HHP 4050 – Implement Health Behavior Change | PSYC 3340 – Health Psychology |
| HHP 4060 – Consumer Health | PSYC 4150 – Behavior Modification |
| HHP 4080 – Psychological Aspects of Human Sexuality | SOC 1040 – Social Problems |
| HHP 4300 – Stress Management | SOC 3700 – Medical Sociology |
| HHP 4801 – CHES Exam Preparation | |
| COMM 1400 – Intro to Public Relations | |