



Sample Degree Plan
Master of Science
Health and Human Performance
Performance Enhancement and Coaching
Part-Time

		Fall Semester		Spring I Semester		Summer Semester	
First Year	Course Information	Credit Hrs	Course Information	Credit Hrs	Course Information	Credit Hrs	
		HHP 5000 – Introduction to Research Methods (Fall A)	3	HHP 5250 – Data Analytics (Spring A)	3	HHP 5900 – Integrative Learning Experience (Summer I)	3
		HHP 5360 – Sport and Wellness Entrepreneurship	3	HHP 5710 – Issues and Trends	3	HHP 5270 – Group Dynamics (Summer I)	3
		TOTAL SCH	12	TOTAL SCH	6	TOTAL SCH	6

		Fall Semester		Spring Semester		Summer Semester	
Second Year	Course Information	Credit Hrs	Course Information	Credit Hrs	Course Information	Credit Hrs	
		HHP 5520 – Sport and Exercise Psychology	3	HHP 5210 – Leadership in Sport and Wellness	3		
		HHP 5160 – Performance Enhancement	3	HHP 5260 – Performance Coaching	3		
		TOTAL SCH	6	TOTAL SCH	6	TOTAL SCH	