

Give your students support and peace of mind with

# Tutor.com 24/7 Student Success Tutoring



Today's students have diverse needs. Whether they are traditional first years learning to navigate college, students returning to school after a hiatus, or are non-traditional learners with busy schedules, they will all need the skills necessary to be successful in college.

Designed to help students organize, prioritize, and achieve their academic goals, Tutor.com's 24/7 Student Success Tutoring offers guidance and reassurance for students of all backgrounds. Our tutors can help your students understand what resources are available to them—including your own campus resources—and how to find and use them effectively.

## ADDITIONS TO OUR TUTOR.COM SUBJECTS

### Study Skills

- Study Strategies
- Note-Taking
- Time Management
- Organizational Skills
- Using Technology

### Life Skills

- Stress Management
- Motivation and Goals
- Healthy Habits

## HOW TO ACCESS

After entering through your institution's LMS, your students will be able to connect 1:1 with a Student Success Tutor by selecting a Student Success topic from the tutoring drop-down menu.

## ABOUT OUR STUDENT SUCCESS TUTORS

Tutor.com's Student Success Tutors are qualified and prepared to help students build the foundations for academic success. These tutors meet the same rigorous standards of all our highly qualified tutors, but have also successfully completed comprehensive assessments designed by post-secondary Student Success content experts.



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## Academic & Study Skills

Navigating the academic challenges of college life can be challenging for many students. What if they could get the extra guidance they need? Student Success Tutors are here to help with anything from choosing a major to learning helpful study techniques and showing students how to manage their daily workload. Students can also learn how to use scholarly resources and technologies for class assignments, take better notes, and work more efficiently so they can find the time to relax. **Topics include:**

- **Study Techniques:** Methods, pacing, and test-taking strategies
- **Note-Taking:** Outlining, mapping, and more
- **Managing Homework:** “Budgeting” the workload and scheduling time wisely
- **Choosing a Major:** Career planning, considering course schedules, and balancing core and elective courses
- **Managing Knowledge Gaps:** When to seek help, using tutoring services, and evaluating trustworthy online resources
- **Scholarly Resources:** How to locate and identify academic resources, use proper citations, and learn about plagiarism
- **Using Technology:** Online search techniques, commonly used programs (Word, Excel, PowerPoint), and useful keyboard shortcuts



## Life Skills

Academics aren't the only thing students have to worry about in college. One of the top concerns among college students is stress and managing their busy schedules. If classes seem daunting or they simply need a nudge in the right direction, students can log in to learn about helpful tools that can give them peace of mind. **Topics include:**

- **Organizational Skills:** Time management, scheduling and planning, reminders and alerts
- **Attendance and Punctuality:** Scheduling appointments, planning transportation, and the importance of attendance and punctuality
- **Motivation and Goals:** College-to-career planning, community service & volunteer work, and how to stay on track
- **Building Healthy Habits:** Diet and exercise, getting enough sleep, and avoiding excessive caffeine & alcohol
- **Finding Balance:** Self-care, avoiding over-commitment, and handling social pressures
- **Building a Support System:** Clubs and activity groups, study groups & study partners, and counselors & advisors

## Skills for Non-Traditional Students

These students have busier lives than most, but they can learn how to manage the ups and downs of going to college while mastering that work-school-life balance:

- Adjusting to the School Environment
- Building a Portfolio
- Managing Finances
- Time Management
- Finding a Schedule that Fits Your Lifestyle
- Career Transition & Planning