

# AP Navigate: Raise Your Hand

*Govs Don't Wait to Get Help.*

## What Is Raise Your Hand?

Raise Your Hand is a student-initiated feature within AP Navigate (Navigate 360) that allows students to quickly and discreetly request academic or campus support.

## Why It Matters at APSU

Students often wait too long to ask for help. Raise Your Hand lowers barriers by connecting Govs directly to the right support team when they are struggling academically, considering withdrawing, experiencing financial stress, or feeling overwhelmed.

## How Students Use Raise Your Hand

- Open AP Navigate (OneStop or Navigate 360 app)
- If in the app, tap the Rocket Ship icon
- Select Raise Your Hand
- Choose a reason for requesting help
- Press 'Raise Your Hand'

## Suggested 30-Second Classroom Mention

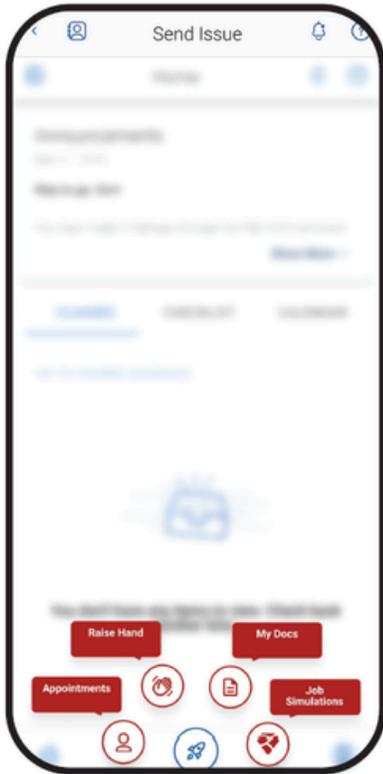
“If you ever need help, you can use the Raise Your Hand feature in AP Navigate. Choose Raise Your Hand icon in AP Navigate, select a reason, and submit. It’s quick, discreet, and someone will follow up with you.”

## Faculty Note

Raise Your Hand works best when framed as a supportive, student-centered tool. A short, positive mention in class helps normalize help-seeking behavior and encourages early intervention.

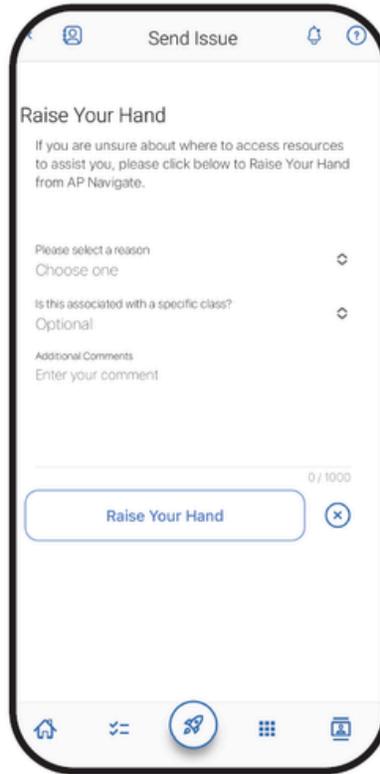
# Need Help?

# RAISE YOUR HAND!



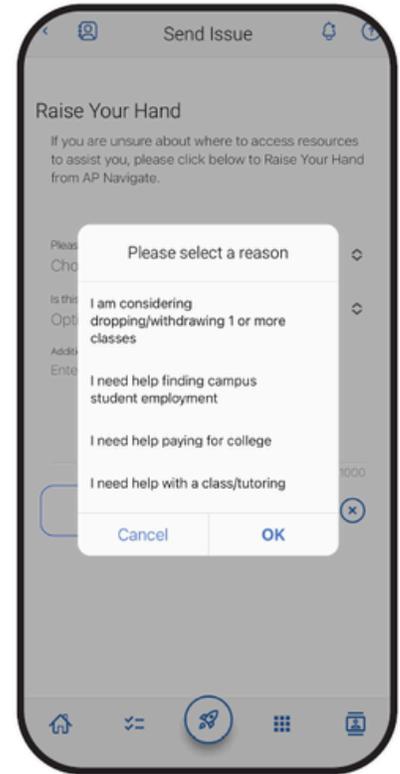
## STEP 1

Tap the Rocket Ship.  
Tap "Raise Your Hand."



## STEP 2

Choose a reason for  
Raising Your Hand.



## STEP 3

Press  
"Raise Your Hand."

**Don't wait to get help.**

**Raising Your Hand is a quick, easy, and discreet way to request assistance when you need it.**

