

THOMAS MITCHELL TOOMEY, PH.D., CRC, NCC, CYT-200

Austin Peay State University (APSU)

Clement, 307B, P.O. Box 4537, Clarksville, TN 37044 | 706-399-8615 | Toomeym@apsu.edu

EDUCATION**University of South Carolina; Columbia, SC. (CACREP Accredited)** 2019 – 2022

Ph.D. Counselor Education and Supervision

Overall GPA: 4.0

Georgia State University; Atlanta, GA. (CACREP Accredited) 2017 – 2019

M.S. Clinical Rehabilitation Counseling

Overall GPA: 3.91

Augusta University; Augusta, GA. 2010 – 2014

B.A. Psychology (Minor in Cultural Anthropology)

Overall GPA: 3.86

ACADEMIC APPOINTMENTS

Visiting Assistant Professor, Austin Peay State University Aug 2024- Present

Assistant Professor, Austin Peay State University Aug 2022- July 2024

Tenure track position

GRANTS***Funded*****Source: University of South Carolina, Office of the Vice President for Research**

Title: Support to Promote Advancement of Research and Creativity (SPARC)

Project Name: Examining the Effects of a Well-Being Therapy Protocol for Sexual Minority Individuals on their Psychological Well-Being

Dates: 05/01/2021-05/01/2022

Role: Principal Investigator

Total Award: \$5,000 to fund my dissertation study

Source: Association for Assessment and Research in Counseling

Title: Sponsored Scholarships Program

Project Name: Examining the Factor Structure of the Posttraumatic Growth Inventory in a Sample of Sexual Minority Adults: Confirmatory Factor Analysis

Dates: 2021-2022

Role: Principal Investigator

Total Award: \$2,500

Unfunded**Source: APSU Faculty Technology Innovation Grant**

- Campus-wide SPSS license

- \$20,000

Source: APSU Student Academic Success Initiative Grant

- LGBTQ+ Student Success in the Volunteer State
- \$5,375

REFEREED PUBLICATIONS

Published or In Press

Davis, E.S., Gomez, B., **Toomey, T.M.**, Putnam, S., Belavilas, A. (In Press). Exploring the experiences of Florida elementary school counselors implementing the parental rights in education act. *Professional School Counselor*.

Guest, J. D., **Toomey, T. M.**, Garrison, P., Buell, R. (2024). "Okay, it's hit my school now": School counselors' reflections from an LGBTQ+ competency training. *Professional School Counselor*.

Toomey, T.M., Garrison, P., Waddington, A., Jefferson, L., Jackson, T. (2024). Examining the effectiveness of a well-being therapy protocol on sexual minority individuals' psychological well-being. *Counseling Outcomes Research and Evaluation*, 15(2), 143-156

Toomey, T. M., Combs, E. M., Ohrt, J. H., Lewis, O. J., Clarke, P. B., Conley, A. H., Craven, L., Tolan, L. (2023). Well-being disparities between sexual minorities and heterosexuals during the COVID-19 pandemic: Implications for counselors. *Journal of LGBTQ Issues in Counseling*, 17(3), 242-255.
<https://doi.org/10.1080/26924951.2023.2227021>

Lewis, O., Ohrt, J., **Toomey, T.M.**, Linich, K., Ellis, B., Newton, T. (2022). A systematic review of nature-based counseling interventions to promote mental health and wellness. *Journal of Mental Health Counseling*, 44(3), 191-208. <https://doi.org/10.17744/mehc.44.3.01>

Deaton, J., Ohrt, J., Linich, K., Wymer, B., **Toomey, T.M.**, Lewis, O., Guest, J., Newton, T. (2022). Teacher's experiences with K-12 students' mental health. *Psychology in the Schools*, 59(5), 932-949.
<https://doi.org/10.1002/pits.22658>

Toomey, T.M., Carlson, R. (2022). Leaning into student discomfort with LGBTQ issues in the counselor education classroom. *Journal of LGBTQ Issues in Counseling*, 16(1), 86-103.
<https://doi.org/10.1080/15538605.2021.1972895>

Carlson, R., Barden, S., **Toomey, T.M.**, Locklear, L., Taylor, D., Silverio, N. (2021). Examining the effects of relationship education for same-sex couples: A randomized controlled trial. *Marriage & Family Review*, 1-22. <https://doi.org/10.1080/01494929.2021.1921896>

Franco, M. G., **Toomey, T. M.**, Deblaere, C. & Rice, K. (2019). An examination of identity incongruent discrimination, racial identity, and mental health for Multiracial individuals. *Counselling Psychology Quarterly*, 34(1), 1-22. <https://doi.org/10.1080/09515070.2019.1663788>

Stepleman, L., Yohannan, J., Scott, S., Titus, L., Walker, J., Lopez, E., Wooten Smith, L., Rossi, A., **Toomey, T.M.**, Eldridge, E. (2018). Health Needs and Experiences of a LGBT Population in Georgia and South Carolina. *Journal of Homosexuality*, 66(7), 989-1013.
<https://doi.org/10.1080/00918369.2018.1490573>

Drescher, C. F., Lopez, E. J., Griffin, J., A., **Toomey, T.M.**, Eldridge, E. D., & Stepleman, L. M. (2018). Mental health correlates of cigarette use in LGBT individuals in the Southeastern United States. *Substance Use & Misuse*, 6, 891-900. doi:10.1080/10826084.2017.1418087

Lopez, E., **Toomey, T.M.**, Lewis, K., Khazvand, S., Floyd, R., Arnold, K., & Stepleman, L. (2017). The changing face of treatment: Mental health concerns and integrated care in an HIV clinic. *Journal of Health Care for the Poor and Underserved*, 28 (1), 430-445.

Toomey, T.M., Richardson, D., Hammock, G. (2017). Introductory psychology: How student experiences relate to their understanding of psychological science. *Teaching of Psychology*, 44 (3), 246-249.

Under Review

- Davari, J., Franco, M., Gwira, R., Bautista-Lopze, I., **Toomey, T.M.** (Under Review). Black racial ideologies and help-seeking. *Journal of Black Psychology*.
- Toomey, T.M.**, Franco, M., Davari, J., Craven, L. (Under Review). At the Margins: Mental health disparities among Multiracial sexual minority individuals.

PEER-REVIEWED PRESENTATIONS***International, National, Regional, and State Presentation***

- Toomey, T. M.**, Daubon, K., Guest, J., Fripp, J., Lewis, O. (2023, October). *Norming the Posttraumatic Growth Inventory in a Sample of Sexual Minorities*. Poster presentation. Association for Counselor Education and Supervision, Denver, CO.
- Fields, A., **Toomey, M.** (2023, September). *Wellness Differences between LGBTQ+ and Cisgender/Heterosexual Individuals who Received Counseling in the Last Year*. Poster presentation. Association for Assessment and Research in Counseling, Nashville, TN.
- Toomey, T. M.**, Ryder, E. (2023, June). Examining differences in posttraumatic growth in transgender/nonbinary and cisgender sexual minority individuals. Poster presented at the Tennessee Licensed Professional Counselors Association Conference. Nashville, TN.
- Toomey, T. M.**, Carlson, R. G. (2022, November). Leaning into student discomfort around LGBTQ+ issues in the counselor education classroom. Poster presented at the Southern Association for Counselor Education and Supervision Conference. Baltimore, MD.
- Combs, E.M., **Toomey, T.M.**, & Lewis, O. (2022, November). *Substance misuse and wellbeing in the LGBTQ+ population during the COVID-19 era*. Poster presented at the Southern Association for Counselor Education and Supervision Conference. Baltimore, MD.
- Guest, J. D., **Toomey, T. M.**, Garrison, P., Buell, R., LoDato, K. K., & Perez, L. M. (2022, November). "Okay, it's hit my school now": *School Counselors' Experiences Attending an LGBTQ+ Competency Training*. Southern Association for Counselor Education and Supervision. Baltimore, MD.
- Toomey, T.M.**, Garrison, P., Waddington, A., Jefferson, L., Jackson, T. (September, 2022). Examining the Effectiveness of a Well-Being Therapy Protocol on Sexual Minority Individuals' Psychological Well-Being. Poster presented at the Association for Assessment and Research in Counseling Conference, St. Louis, MO.
- Lewis, O., **Toomey, T.M.**, Guest, J., Wymer, B. (September, 2022). Visual and Statistical Analysis in Single Case Research Designs. Content session presented at the Association for Assessment and Research in Counseling Conference, St. Louis, MO.
- Toomey, T. M.**, Guest, J. D. (2022, April). *Supporting LGBTQ+ Youth in Schools*. Content session. Southeastern School Behavioral Health Conference, Myrtle Beach, SC.
- Toomey, T. M.**, Deaton, J., Combs, E., Lewis, O. (2022, April). *Norming the Posttraumatic Growth Inventory in a Sample of Sexual Minorities*. Poster presentation. American Counseling Association Conference, Atlanta, GA.
- Lewis, O. J., **Toomey, T.M.** (2021, September). *Client Experiences of EcoWellness within the Counseling Process*. Poster presentation. Association for Assessment and Research in Counseling Conference, Cincinnati, OH.
- Gwira, R., Davari, J., Franco, M. G., Bautista Lopez, I., **Toomey, T.M.** (2021, August). *The Impact of Racial Ideology on Black Help-Seeking*. Poster presentation. American Psychological Association Convention, San Diego, CA.
- Toomey, T.M.**, Feinstein, B., Franco, M., Lewis, O., Guest, J., Deaton, J. (2020, September). *The Moderating Role of Anti-Bisexual Discrimination in the Relationship Between Outness and Mental Health for*

- Bisexual Individuals*. Poster presentation. Association for Assessment and Research in Counseling Conference. Cincinnati, OH.
- Toomey, T.M.**, Carr, T., Joyner, M. (2019, October). *Addressing Monosexism in Schools*. Content session. Presented at the Carolina Queer Youth Conference. Charlotte, NC.
- Guest, J., Wymer, B., Linich, K., **Toomey, T.M.**, Gonzales, S. (2019, September). *Managing Negative Countertransference Utilizing an Integrated Counselor Mindfulness Training for Counselors Working with Children who Exhibit Externalized Behaviors in Session*. Poster presentation. Association for Assessment and Research in Counseling Conference. San Antonio, TX.
- Toomey, T.M.**, Davari, J., Gwira, R., Bautista, I., Johnson, L., Crawford, M. (2019, August). *Sexual Minority Multiracial People are More Vulnerable to Racial Identity Issues Than Heterosexuals*. Poster presentation. American Psychological Association Conference. Chicago, IL.
- Toomey, T.M.**, Gellin, A., Istre, M., Tarziers, K., Rabess, A., Coleman, J., Mize, M., Shannonhouse, L. (2019, April). *Program Evaluation of a CSI Sponsored Counselor Wellness Series*. Poster presentation. American Counseling Association Conference. New Orleans, LA.
- Toomey, T.M.**, Franco, M. (2018, March). *At the Margins: Implications of Sexual Minority Identity for Multiracial Individuals*. Poster presentation. Society of Personality and Social Psychology Self and Identity Preconference. Atlanta, GA.
- Yohannan, J., **Toomey, T.M.**, Titus, L., Eldridge, E., & Stepleman, L. (2017, September). *Health Disparities and Experiences of a Diverse LGBT Population in Georgia and South Carolina*. Poster presentation. Gay and Lesbian Medical Association's 35th Annual Conference on LGBT Health. Philadelphia, PA.
- Griffin, J., Drescher, C., **Toomey, T.M.**, Stepleman, L. (2017, July). *Sexual Minority Stress, Identity, and Condom Use among Sexual Minority Men in a Small Metropolitan Southern Region*. Poster presentation. International Academy of Sex Research Conference. Charleston, SC.
- Griffin, J., Drescher, C., **Toomey, T.M.**, Rossi, A., Eldridge, E., & Stepleman, L. (2017, April). *The Influence of Sexual Minority Stress and Identity on Anxiety in LGB Men and Women of a Small Southern US Metropolitan Region*. Poster presentation. 5th Annual National LGBTQ Health Conference. Chicago, IL.
- Wyatt, T., **Toomey, T.M.**, Stepleman, L. (2017, April). *Navigating the Educational Research Process: An Interactive Website to Ensure Smooth Sailing*. Poster presentation. Southern Group on Educational Affairs Conference. Charlottesville, VA.
- Toomey, T.M.**, Drescher, C., Griffin, J., Yohannan, J., Stepleman, L. (2017, March). *LGBT Health Disparities in the Central Savannah River Area (CSRA) of Georgia and South Carolina*. Poster presentation. Southeastern Psychological Association Conference. Atlanta, GA.
- Griffin, J., Drescher, C., **Toomey, T.M.**, Eldridge, E., Stepleman, L. (2017, March). *The Associations between Psychosocial Stressors and Perceived Poor Health Days in Sexual Minorities Living in an Under-Resourced Region of the Southern United States*. Poster presentation. American Psychosomatic Society. Seville, Spain.
- Griffin, J., Drescher, C., **Toomey, T.M.**, Eldridge, E., Stepleman, L. (2017, March). *The Influence of Safety and Security Needs on Self-Perception of Physical Health in Gender Minorities living in an Under-Resourced Region of the Southern United States*. Poster presentation. American Psychosomatic Society. Seville, Spain.
- Yohannan, J., **Toomey, T.M.**, Lopez, E., Stepleman, L. (2016, October). *The Status of Transgender Individuals' Mental Health from the Central Savannah River Area*. Poster presentation. Annual State of Public Health Conference. Athens, GA.
- Johnson, J., Chung, Y., Brown, S., Slavin-Mulford, J., Hicks, M., Wyatt, T., **Toomey, T.M.**, Thai, L., Seale, J. (2016, October). *The Impact of General Experience with Patients on Baseline Measures of Confidence*

- in an SBIRT Training Program*. Poster presentation. Addiction Health Services Research Conference. Seattle, WA.
- Rossi, A., Neisler, J., **Toomey, T.M.**, Lopez, E., Khazvand, S., Loomer, K., Stepleman, L. (2016, April). *Come Out 4 Health Week: Evaluation of an LGBT Health Awareness Week's Impact on Awareness and Knowledge*. Oral presentation. Presented at SGEA Annual Conference. Austin, TX.
- Toomey, T.M.**, Khazvand, S., Lewis, K., Floyd, R., Stepleman, L. (2015, October). *Culturally Competent HIV Intervention for Rural Sexual and Gender Minorities*. Poster presentation. Presented at Rural HIV Research and Training Conference. Savannah, GA.
- Khazvand, S., **Toomey, T.M.**, Lewis, K., Lopez, E., Arnold, K., Newman, C., Stepleman, L. (2015, October). *Tailoring Behavioral Health Screenings for HIV and High-Risk Community Settings*. Poster presentation. Presented at Rural HIV Research and Training Conference. Savannah, GA.
- Stepleman, L.M., Lopez, E., Lewis, K., Haegele, S., **T.M.**, & Arnold, K. (2015, August). *Psychosocial Correlates to Psychiatric Symptom Endorsement in an HIV Clinic*. Poster presentation. Presented at American Psychological Annual Convention. Toronto, Canada.
- Lopez, E., Lewis, K., Haegele, S., **Toomey, T.M.**, Arnold, K., Stepleman, L. M. (2015, August). *Patient Problems as Predictors of Consultation Requests in an HIV clinic*. Poster presentation. Presented at American Psychological Annual Convention. Toronto, Canada.
- Floyd, R., Lewis, K., Lopez, E., **Toomey, T.M.**, Arnold, K., & Stepleman, L. (2015, May). *The Value of Clinical Screenings for Concurrent Problems in Patients with Multiple Sclerosis Who Identify as Having Cognitive Problems*. Poster presentation. Presented at Annual Meeting of the Consortium of Multiple Sclerosis Centers. Indianapolis, Indiana.
- Floyd, R., Lewis, K., Lopez, E., **Toomey, T.M.**, Arnold, K., & Stepleman, L. (2015, May). *A Call to Explore the Etiology of Depression Underlying the Report of Cognitive Concerns in Patients with Multiple Sclerosis*. Poster presentation. Presented at Annual Meeting of the Consortium of Multiple Sclerosis Centers. Indianapolis, Indiana.
- Toomey, T.M.**, Lopez, E., Haegele, S., Lewis, K., Arnold, K., & Arnold, K., & Stepleman, L. (2015, April). *Age-Related Reported Problem Frequency in HIV-Positive African Americans in a Clinical Setting*. Poster presentation. Presented at 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Antonio, Texas.
- Floyd, R. M., Haegele, S., Lopez, E., Lewis, K., **Toomey, T.M.**, Arnold, K., & Stepleman, L. (2015, April). *The Contributions of Depression, Pain, and Medication Challenges to Psychiatric Symptoms in Multiple Sclerosis*. Poster presentation. Presented at 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Antonio, Texas.
- Brown, E., Khazvand, S., **Toomey, T.M.**, (2015, October). *Family, Community, Faith, & Social Services Partnering to Better Serve*. Workshop. Presented at the Rural HIV Research and Training Conference. Savannah, GA.

Local and University Presentations

- Toomey, T.M.** (2024, March). *Legislative Advocacy and Counseling for LGBTQ+ Clients*. Oral Presentation. Presented at Austin Peay State University. Clarksville, TN.
- Toomey, T.M.** (2019, February). *A Brief Dynamic Case Conceptualization: The case of KR*. Oral Presentation. Presented at Emory Behavioral Health/ Grady Psychosocial Rehabilitation Services. Atlanta, GA.
- Toomey, T.M.**, Eldridge, E., Yohannan, J., Griffin, J., Rossi, A., Drescher, C., Stepleman, L. (2017, March) *#TransWomensMentalHealth: Differences in Mental Health Concerns between Transgender and*

- Cisgender Women in the CSRA*. Oral presentation. Augusta University Women's and Gender Studies Symposium. Augusta, GA.
- Stempleman, L., **Toomey, T.M.**, Yohannan, J., Titus, L., Scott, S., Rossi, A., Eldridge, E. (2017, March). *Closing the Gaps: Utilizing LGBT Healthcare Experiences to Educate across the Learner Continuum*. Poster presentation. Augusta University Health Sciences Education Day 2017. Augusta, GA.
- Wyatt, T., Mendenhall, S., **Toomey, T.M.** (2017, January). *1000 Ways to Kill Your Educational Research Project*. Workshop. Presented at Medical College of Georgia at Augusta University.
- Toomey, T.M.** (2016, 2017 March). *Planning an Institutional Review Board (IRB) Submission*. Workshop. Presented at Medical College of Georgia at Augusta University. Augusta, GA.
- Toomey, T.M.**, Mendenhall, S., Murdaugh, S., Smith, L. (2016, January). *Qualtrics: The Basics*. Workshop. Presented at Medical College of Georgia at Augusta University. Augusta, GA
- Toomey, T.M.** (2015, September). *The Importance of Incorporating Sexual and Gender Diversity into Medical Education*. Education and Treats (EAT) Journal Club. Oral Presentation. Presented at Medical College of Georgia at Augusta University. Augusta, GA.
- Toomey, T.M.**, Lamm, K., & Hammock, G. (2014, November). *Predicting verbal aggression against gay males using I-cubed theory*. Oral Presentation. Presented at CURS (Center for Undergraduate Research) Brown Bag Seminar at Augusta University. Augusta, GA.
- Toomey, T.M.**, Richardson, D., & Hammock, G. (2014, March). *Impacts of research experiences on knowledge of psychology as a science*. Poster Presentation. Presented at Phi Kappa Phi Annual Research Conference at Augusta University. Augusta, GA.
- Toomey, T.M.**, Richardson, D., & Hammock, G. (2014, March). *Impacts of research experiences on knowledge of psychology as a science*. Poster presentation. Presented at Southeastern Psychological Association Conference. Nashville, Tennessee.

RESEARCH EXPERIENCE

- | | |
|--|-------------------|
| Wellness Enhancement Lab at University of South Carolina. Columbia, SC. | Sep 2019-Jul 2022 |
| Graduate Research Assistant | |
| Supervisor: Jonathan Ohrt, Ph.D. | |
| <ul style="list-style-type: none"> ▪ Conduct literature reviews on wellness and social emotional well-being ▪ Develop posters for presentation ▪ Prepare manuscripts for publication | |
| Georgia State University Dept. of Counseling & Psych Services. Atlanta, GA. | Aug 2017-Jul 2019 |
| Graduate Research Assistant | |
| Supervisor: Marisa Franco, Ph.D. | |
| <ul style="list-style-type: none"> ▪ Conduct literature reviews on mental health issues in Multiracial people and Multiracial sexual minority people ▪ Assist in poster development for conference submissions ▪ Complete data entry ▪ Prepare manuscripts for publication | |
| Educational Innovation Institute; Augusta University. Augusta, GA. | Apr 2015-Jul 2017 |
| Educational Research Associate | |

Supervisor: Lara Stepleman, Ph.D.

- Program Evaluation, Managing research study records and regulatory logs, aiding in design and implementation of various research studies and development of surveys
- Serve as Administrative Manager for a special issue of *Journal of Homosexuality* focusing on LGBT clinical competencies, professional training, and ethical care
- Assist in conducting the first area-wide Central Savannah River Area (CSRA) LGBTQ+ health needs assessment
- Facilitate workshops on navigating Institutional Review Board (IRB) and using Qualtrics as a survey development platform

Department of Psychiatry & Health Behavior; Augusta University. Augusta, GA. Aug 2014-Apr 2015

Research Assistant

Supervisor: Lara Stepleman, Ph.D.

- Assist in survey development of various measures around LGBT cultural competence
- Conduct literature reviews of health disparities of HIV+ African American women
- Survey healthcare practitioners on LGBTQ cultural competency

Department of Psychological Sciences; Augusta University, Augusta, GA. Aug 2013-May 2014

Undergraduate Research Student

Supervisors: Georgina Hammock, Ph.D. & Deborah Richardson, Ph.D.

TEACHING EXPERIENCE

Instructor of Record

- Austin Peay State University
 - COUN 5080: Diagnosis and Psychopathology
 - COUN 5600: Career Counseling
 - COUN 5000: Research in Counseling
 - COUN 5430: Group Counseling
 - COUN 5993: Addictions Counseling
 - COUN 5410: Counseling Techniques
 - COUN 5400: Theories of Counseling
- University of South Carolina
 - EDCE 706: Assessment in Counseling
 - EDCE 570: Seminar in Counseling
 - EDCE 503: Family Counseling
 - EDCE 510: Introduction to Counseling

Co-Instructor

- EDCE 503: Family Counseling (Instructor of Record: Joshua Gold, Ph.D.) Aug 2019-Dec 2019
 - University of South Carolina

Guest Lecturer

- COUN 5430: Counseling Diverse Populations April 2024; 2023
 - Austin Peay State University
 - Topic: Structural Stigma Impacting LGBTQ+ Communities
- EDCE 705: Research Design in Counseling Oct 2022; Oct 2021
 - University of South Carolina, Columbia, SC
 - Topic: Single Case Research Designs
- APSU 1000: Introduction to College Nov 2022
 - Austin Peay State University, Clarksville, TN
 - Topic: Wellness and Healthy Relationships
- CPS 7340: Social and Cultural Issues in Counseling and Psychological Services Oct 2017
 - Georgia State University, Atlanta, GA.
 - Topic: Counseling LGBTQ+ Clients

SUPERVISION EXPERIENCE

- COUN 5410: Counseling Techniques (Austin Peay State University) Fall 2022-Present
- Provide dyadic supervision to first year counseling students practicing basic counseling skills
- Doctoral Student Clinical Supervisor (University of South Carolina) Fall 2020
- Provide clinical supervision to three first-semester CMHC practicum students

RESEARCH MENTORSHIP

- Brandon Morris (M.S. Counseling Student) Jan 2024-Aug 2024
- COUN 5990: Thesis Experience
 - Project title: Examining the relationship between emotional intelligence and academic achievement in veteran college students
- Emerson Ryder (M.S. Counseling Student) Jan 2023-Jul 2023
- COUN 6020: Research Experience in Counseling
 - Project title: Examining differences in posttraumatic growth in transgender/nonbinary and cisgender sexual minority individuals
- Elizabeth Combs (Ph.D. Candidate) Fall 2022
- Project title: Substance misuse and wellbeing in the LGBTQ+ population during the COVID-19 era
- Rawle Ragoonath (Ph.D. Candidate) Fall 2022
- Project title: Examining the impact of class format on college student well-being

SERVICE

Professional Membership

- Association for Assessment and Research in Counseling Aug 2019-Present
- Association for Counselor Education and Supervision Aug 2018-Present
- Society for Sexual, Affectional, and Gender Expansive Identities (SAIGE) Aug 2018-Present
- American Counseling Association Aug 2018-Present

Professional Service

ACES Research Committee	Mar 2024-Present
Volunteer, SAIGE Public Policy Committee	Apr 2023-Present
Proposal Reviewer, ACES 2023 Conference	Mar 2023
Proposal Reviewer, Tennessee Counseling Association Conference	Nov 2022
Reviewer, <i>ADULTSPAN Journal</i>	Oct 2022-July 2024
Editorial Board Member, <i>Journal of LGBTQ Issues in Counseling</i>	Jun 2022-Present
Volunteer, SAIGE Research and Scholarship Committee	Aug 2020-Apr 2023
<ul style="list-style-type: none"> • Review journal article submissions and award article of the year • Lead focus groups for research studies • Collaborate on research studies benefitting the SAIGE mission 	
President, Rehabilitation Counseling Association at Georgia State University	Sep 2017-Jul 2019
Augusta University Safe Zone Awareness Program Trainer	Aug 2015-Jul 2017

University Service

Austin Peay State University	
<ul style="list-style-type: none"> • Faculty Advisor, Sexuality and Gender Alliance (SAGA) • Faculty Search Committee 	<p>May 2023-Present</p> <p>Dec 2022-Apr 2023</p>
University of South Carolina	
<ul style="list-style-type: none"> • Graduate Student Member, UofSC College Curriculum Committee <ul style="list-style-type: none"> ○ Review course changes/ course modification proposals within the college of education at University of South Carolina • Graduate Student Member, Quality Assurance Committee <ul style="list-style-type: none"> ○ Evaluate if degree programs on University of South Carolina are meeting evaluation and accreditation criteria 	<p>Mar 2021-Dec2021</p> <p>Aug 2020-Apr 2022</p>

Community Service

Yoga for Carolinalife	Sep 2019
<ul style="list-style-type: none"> ▪ Teach yoga class in inclusive certificate program for students with diverse learning needs at University of South Carolina 	
Yoga The Vote	Aug 2017
<ul style="list-style-type: none"> ▪ Teach yoga class at an event designed to inform Atlanta community members about local elections 	

CLINICAL EXPERIENCE

University of South Carolina College of Education Center Aug 2019- May 2020
For Community Counseling
 Doctoral Student Counselor
 Supervisor: Ryan Carlson, Ph.D.

Emory at Grady’s Psychosocial Rehabilitation Services Aug 2018- Aug 2019
 Counseling Practicum/Intern Student
 Supervisor: Erica Lee, Ph.D.
 Duties: Conduct behavioral health assessments and intakes; lead individual and group counseling; lead skill-development groups for individuals with serious and persistent mental illness

RELEVANT PROFESSIONAL EXPERIENCE

Council for Accreditation of Counseling and Related Educational Programs Aug 2019- Aug 2021
Initial Reader Consultant

- Review self-study documentation for counseling programs applying for CACREP accreditation

Office of Assessment & Accreditation; College of Education Aug 2019- Aug 2022

- Administer graduation surveys
- Analyze graduation and enrollment data using the R statistical package
- Compile graduation and enrollment reports

University of South Carolina. Columbia, SC.

Graduate Assistant

- Compile, organize, and synthesize accreditation data for education programs within the college of education

Educational Innovation Institute; Augusta University. Augusta, GA. Apr 2015- Jul 2017

Educational Research Associate

CERTIFICATIONS

Nationally Certified Counselor

Certified Clinical Rehabilitation Counselor

Applied Suicide and Intervention Skills Training (ASIST)

250-Hour Adaptive Yoga Teacher Training; CYT-200

HONORS AND AWARDS

ACES Leadership Academy Participant	Aug 2023- May 2024
Cecil Scott Fellowship at University of South Carolina	Aug 2019
Georgia State University Outstanding Rehabilitation Counseling Graduate Student	Apr 2019
College of Education & Human Development Scholarship Recipient	Apr 2018
Society of Personality and Social Psychology Self & Identity Poster Award	Mar 2018
Chi Sigma Iota: Counseling Honor Society	Mar 2018
Department of Psychological Sciences Outstanding Undergraduate Student in Psychology Award	Mar 2014
Phi Kappa Phi Honor Society	Mar 2013
Psi-Chi – The International Honor Society in Psychology	Mar 2012
Augusta University Dean’s List	2010- 2014