

# HOW TO ACCESS VIDEOS FROM LIBRARY

Go to the A-Z database for research through the library  
(<https://libguides.apsu.edu/az.php>)

Click the “P” and scroll down to “psychotherapy.net Videos”  
(<https://libguides.apsu.edu/psychotherapy>)

If you are off-campus, you will need to login to the library page. This login should be your Last Name and your APSU A number.

Once you are in psychotherapy.net, you can enter the video title in the search bar and the video should open