



## **Intramural Sports**

### **Table Tennis Rules**

#### **Eligibility Guidelines**

1. You must present your APSU ID card to the IM Supervisor on duty in order to play...No exceptions!
2. An individual may only participate on one team in each league (Men's or Women's). Participation on two teams in the same sport is only permitted if one of the teams is Co-Rec. Players who play on more than one team in each league are subject to losing their eligibility for that sport. The opposing team does not have to protest this if caught by a supervisor or official.
3. Players using false identification will be suspended for a period of time determined by the Coordinator and Graduate Assistant of Intramural Sports.

#### **Equipment**

1. Balls/Paddles: Participants may furnish their own table tennis balls and paddles. Table tennis balls and paddles are available for check-out at the Service Desk of the Foy Fitness and Recreation Center.
2. Clothing: A player's clothing must be presentable and appropriate for competition.
3. Shoes: All players must wear tennis/running shoes. Spikes, screw in cleats, and cleats with metal or ceramic exposed are prohibited.

#### **The Match**

1. Match: Matches will be played in a best-of-three format.
2. Games: All games will be played to 21. All games will use rally scoring and player must win a game by two points.

## **Playing Rules**

1. In serving, the server's paddle must strike the ball behind the end line and between the side lines (extended).
2. If a player intentionally touches the playing surface of the table with any part of his/her body, the point is won by his/her opponent. The same is true if a player should move the table by bumping against it.
3. In serving, the ball must be held in the palm of the hand, visible to the opponent and with no spin being imparted to it by the hand.
4. If the ball hits the net on the serve and goes over, it is a "let" and the server serves again. However, if the second serve is a "let", the player loses the point.
5. If a player misses the ball completely when he/she is serving, it is a point for his/her opponent.
6. A paddle can contact the ball legally only if the paddle is held in the player's hand.
7. If a ball is broken during actual play, a new ball is put into play and the point during which it broke is replayed.
8. The only way a ball can be legally hit is with the paddle or the hand holding the paddle.

**Revised: August 10, 2011**

