

Suggested Course Options for Students Completing Their Nursing Core

The following courses are suggested as options if you are finishing your core this semester and need extra courses to make a full time load. If you prefer, you may also take classes that are purely for your enjoyment!

[HHP 1250 - Wellness Concepts and Practice](#)

Course combines health-related content knowledge with participation in physical activity. Content areas include fitness concepts, nutrition and weight management, substance use and abuse, prevention of chronic disease, and human sexuality.

[HHP 2050 - Comm and Env Health](#)

An examination of the individuals and processes involved in the functioning of public and private community health agencies. The concepts of ecology and how ecological problems affect the quality of a healthful life are also presented.

[HHP 3410 - Health Disparities](#)

Prerequisite: HHP 2050, WS 2050, 2000-level sociology courses or permission of the instructor; Description: This course examines the role of gender, race/ethnicity and class on health status and access to health care in the U.S.

[PSY 2210 - Human Interaction](#)

Description: Directed toward helping persons establish, maintain, and improve human contacts. Focuses upon improving listening, assertiveness, problem solving, and leadership skills. Skill acquisition is enhanced through role play, taping, and group experiences.

[PSY 3210 - Psychology of Women](#)

Description: Examination of developmental characteristics of women, myths and stereotypes, sex roles, sexuality, life styles, values, achievement motivation, power, mental health, and mental disorders in women. The empirical study of the psychological issues of women will be emphasized.

[PSY 3230 - African American Psychology](#)

Description: This course explores historical and contemporary psychological issues concerning persons of African-American descent. Issues including racial identity, gender, worldview, and the sociocultural experiences of persons of African-American descent in the diaspora will be addressed. Presentation and review of psychological theories and research will be the foundation of the course.

[PSY 3330 - Social Psychology](#)

Prerequisites: PSY 1010; Description: A systematic and scientific approach to the psychological problems of social and human interactions. Topics covered: attitude, altruism, attraction, attribution, aggression, social self, social influence, social cognition, social perception, leadership, group dynamics, prejudice, discrimination, and applied social psychology.

[PSY 4010 - Death, Dying and Bereavement](#)

Prerequisite: Junior or Senior status or permission of instructor; Description: An overview of death issues from a multicultural, developmental perspective. Topics covered include changing attitudes, the American death system, death across the life span, coping supporting caregivers, ethical/legal issues, funeral and memorialization practices.

[SOC 2050 - Social Problems](#)

A survey of social subjects including family, city, public health, alcoholism, drug dependency, racial and gender inequality, work, crime, and violence.

[SOC 3700 - Medical Sociology](#)

Sociocultural factors which influence the cause, recognition, definition, and treatment of illness: the development, organization, and role of the medical profession as a social institution.

