

Department of Health & Human Performance  
 Cycle of Graduate Courses – Only Offered Where Indicated

**Codes: X-** Land based (full semester)    **W-** Web based (See footnote for 8 week courses: Session A – first 8 weeks; Session B – second 8 weeks; full – entire semester)

**Sport and Wellness Leadership Specialization (30 hours)**

COURSE	TITLE	FALL	SPRING	SUM I
HHP 5000*	Research Process in Health and Human Performance	X <sub>full or W<sub>Ses A</sub></sub>		
HHP 5150	Assessment and Analysis of Human Performance			X
HHP 5210	Leadership in Sport and Wellness		X	
HHP 5250*	Statistics and Assessment	X <sub>full or W<sub>Ses B</sub></sub>		
HHP 5350	Physiological Basis of Human Performance		X	
HHP 5460	Principles in Conditioning for Sport and Wellness			X
HHP 5520	Sport and Exercise Psychology	X		
HHP 5710	Issues in Sport and Wellness			X
HHP 5750	Applied Nutrition for Education	X		
HHP 5920	Applied Research in Health & Human Performance		X	

**\*HHP 5000 AND HHP 5250 are prerequisites for HHP 5920**