

**HEALTH AND HUMAN PERFORMANCE MAJOR: HUMAN MOVEMENT CONCENTRATION**  
**Undergraduate Bulletin 2011-2012**

**REQUIRED MAJOR COURSES**

**54 HRS (39 Hours Upper Division)**

			Fall		Spring		Summer	
			Land	Web	Land	Web	Land	Web
HHP 2000	First Aid, CPR & Safety	3 _____	X		X		X	
HHP 2010	Technology Applications	3 _____		X		X		X
HHP 2030 <sup>2</sup>	Youth and Adolescent Health	3 _____	X		X			
HHP 2120	Rhythmic Movement and Education Gymnastics	3 _____			X			
HHP 2240	Introduction to Physical Education	3 _____	X	X				
HHP 3010	Adapted Physical Education	3 _____	X					
HHP 3030	Nutrition – Science and Application	3 _____	X	X		X		MAY
HHP 3150	Teaching Individual Dual & Team Sport	3 _____	X					
HHP 3190	Rhythms Plays and Games	3 _____			X			
HHP 4040	Sport Psychology	3 _____	X		X			
HHP 4210	Measurement & Evaluation Physical Education	3 _____			X			
HHP 4220 <sup>1</sup>	Analysis of Movement	3 _____			X	X		X
HHP 4240	Intro to Motor Learning	3 _____	X					
HHP 4250 <sup>1</sup>	Physiology of Exercise	3 _____	X				X	
HHP 4990	Internship in Health and Human Performance	12 _____			X		X	

**ELECTIVES**

**24 HRS (Monitor Upper Division Hours)**

_____	_____
_____	_____
_____	_____
_____	_____

<sup>1</sup> Prerequisite: BIOL 2010 or HHP 3300

<sup>2</sup> Prerequisite/Concurrent enrollment: HHP 1250

**RECOMMENDED 4 YEAR PLAN**

Freshman		Sophomore	
Fall (13 hrs)	Spring (15 hrs)	Fall (16 hrs)	Spring (16 hrs)
APSU 1000 ENG 1010 Hum/Fine Art core <b>HHP 1250</b> Math Core	ENG 1020 COMM 1010 HIST 2010 Hum/Fine Art core Elective	ENG 2030 <b>HHP 2010</b> <b>HHP 2000</b> HHP 2030 BIOL 2010/11	HIST 2020 Soc sci core HHP 2120 Elective BIO 2020/11
Junior		Senior	
Fall (15 hrs)	Spring (18 hrs)	Fall (15 hrs)	Spring (12 hrs)
HHP 2240 HHP 3010 <b>HHP 3030</b> HHP 3150 Elective	HHP 3190 HHP 4040 HHP4210 <b>HHP 4220</b> Elective Elective	HHP 4240 <b>HHP 4250</b> Elective Elective Elective	<b>HHP 4990</b>

**\*Bolded HHP courses are typically offered during summer session**