

HEALTH AND HUMAN PERFORMANCE MAJOR: HEALTH CONCENTRATION
Undergraduate Bulletin 2011-2012

REQUIRED MAJOR COURSES

45 HRS (39 Hours Upper Division)

			Fall		Spring		Summer	
			Land	Web	Land	Web	Land	Web
Foundation								
HHP 2050 ²	Community & Environmental Health	3		X		X		X
HHP 4050	Current Concepts of Wellness Promotion	3				X		
HHP 4060	Consumer Health	3	X	X				X
HHP 4070 ³	Introduction to Disease	3	X	X				X
HHP 4500 ¹	Epidemiology	3			X	X		X
Special Populations								
HHP 2030 ²	Youth and Adolescent Health	3	X		X			
HHP 3410	Health Disparities	3			X			
HHP 4000	Introduction to Gerontology	3	X		X			
Health Knowledge								
HHP 3030	Nutrition – Science and Application	3	X	X		X		MAY
HHP 3110	Substance Use and Abuse	3	X		X	X		X
HHP 4080	Psychological Aspects of Human Sexuality	3	X		X			
HHP 4990	Internship in Health and Human Performance	12			X		X	

¹ Prerequisite: HHP 4070

² Prerequisite/Concurrent enrollment: HHP 1250

³ Prerequisite: BIOL 1010 OR BIOL 2010

ELECTIVES

33 HRS (Monitor Upper Division Hours)

RECOMMENDED 4 YEAR PLAN

Freshman		Sophomore	
Fall (13 hrs)	Spring (16 hrs)	Fall (15 hrs)	Spring (16 hrs)
APSU 1000 ENG 1010 Hum/Fine Art core HHP 1250 Math Core	ENG 1020 BIOL + lab core COMM 1010 HIST 2010 Hum/Fine Art core	ENG 2030 HHP 2050 Soc Sci Core Elective Elective	Lab Science Core HIST 2020 HHP2030 Elective Elective
Junior		Senior	
Fall (18 hrs)	Spring (15 hrs)	Fall (15 hrs)	Spring (12 hrs)
HHP 3110 HHP 3030 HHP 4070 Elective Elective Elective	HHP 3410 HHP 4050 HHP 4500 Elective Elective	HHP 4060 HHP 4000 HHP 4080 Elective Elective	HHP 4990

***Bolded HHP courses are typically offered during summer session**