



The Monocle

A closer look at Public Health

HHP Public Health Quarterly Newsletter: Summer 2022

IMPORTANT DATES

APRIL 28

Study Day

APRIL 29

Public Health Capstone
Poster Presentations

MUC Ballroom 8-10 am

UPCOMING EVENTS

MAY 6

Graduation

September 28-30

TPHA Annual Conference

PUBLIC HEALTH FACULTY

Kadi Bliss, PhD, MCHES®
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What's next, Graduates?

Congratulations to our HHP: Public Health graduates this spring. With so many exciting opportunities out there, this is where a few of our graduates are headed next...

- ◆ **Ben Goodine** will be working in the APSU COVID-19 lab and has plans to apply to the graduate program here in our department.
 - ◆ **Onawa Miller** is currently working as Public Health Program Manager at United South & Eastern Tribes, INC and Owner of Abound Health & Wholeness Services, LLC. She will be completing the graduate program in our department.
 - ◆ **Amanda Martinez** will be working as a contractor with the Tennessee National Guard as a Substance Abuse Prevention Coordinator. She will be completing the graduate program in our department.
 - ◆ **Marie Bondy** will be completing the graduate program in our department.
- Congratulations to all of our graduates. We can't wait to see what you accomplish.



Congratulations NEW Eta Sigma Gamma Initiates



Marie Bondy, Teiya Byles, Seanna Farrell, Amanda Martinez, Rodnesha McNeal & Onawa Miller.

Eta Sigma Gamma is a national honorary in the public health field that recognizes students for their academic achievements and provides an opportunity to meet other public health students and gain experiences in service, teaching, research, and advocacy. The ESG honorary will be taking applications for new members in the fall, so be on the lookout for the announcement.

In the news...

As future health educators and health coaches, there is an important story to follow that could lead to big progress in our field. NCHEC, NBHWC, and UC San Diego are collaborating to pursue the advancement of insurance reimbursement for health and wellness coaching services in healthcare settings. You can learn more [HERE](#), and continue to follow as this initiative moves forward.



3 Rules for better work-life balance



AP Austin Peay State University



Onawa Miller
Public Health Program Manager,
United South and Eastern Tribes,
INC (USET)

APSU Professional Spotlight : Onawa Miller

Greetings Austin Peay! It is a pleasure and honor to share insight to what I am currently doing in the public health field. I am Onawa M. Miller, a graduating Austin Peay Senior (May '22) and currently serve as a Public Health Program Manager for United South and Eastern Tribes, INC (USET) headquartered in Nashville, TN. USET is a non-profit, inter-Tribal organization serving thirty-three federally recognized Tribal Nations from the Northeastern Woodlands to the Everglades and across the Gulf of Mexico. USET is dedicated to enhancing the development of Tribal Nations, improving the capabilities of Tribal governments, and improving the quality of life for Indian people through a variety of technical and supportive programmatic services. We strive to protect, promote, and advance our inherent sovereign rights, and to elevate the voices of Tribal Nations in our region at the federal level. As a Public Health Program Manager within USET's Tribal Epidemiology Center, I oversee the grant funded HIV Harm-reduction program. This position affords me the opportunity to assist USET member Tribal Nations in the developing, implementing, and managing of public health programs and projects to improve the overall health of Tribal populations. For me, as an enrolled citizen of the Quechan Indian Tribe of Winterhaven, CA, it is a wide, deep, and meaningful work. If you have questions, please feel free to reach out to me at omiller@usetinc.org.

*“ Follow your
passion. It will
lead to your
purpose.”*

-Oprah Winfrey

Public Health Students in Action

On April 2, 2022, HHP 4800 Public Health Students hosted a Children's Health Fair at the Customs House Museum and Cultural Center kicking off National Public Health Week. The children and their parents who attended the event learned about sleep health, fire safety, healthy weight, gun safety, and bicycle helmet use.



Acronym Soup: NBHWC

The [National Board for Health and Wellness Coaching](#) (NBHWC) works with the National Board of Medical Examiners to offer a board certified exam for National Board Certified Health and Wellness Coaches (NBC-HWC). Much like CHES and MCHES, there are two exam windows per year, and applicants must complete a comprehensive approved training program to sit for the exam.

REMINDER: Public Health Internship Option

The public health program has a new internship preparation process! Though internship is not required, it remains an option for those choosing it. If you have questions about the new pre-internship experience or need to enroll for the fall 2022 semester, please contact the internship coordinator, Shannon Haselhuhn, at haselhuhs@apsu.edu or reach out to your advisor.

Professional Organization Clubhouse

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Did you Know?

The sky is the limit for a career in Health Education. Check out this article to learn [Everything You Need to Know About Health Education Specialists.](#)