## **Crafting SOAR Action Statements**

**SOAR** will provide you with perfect action statements for your resumes. Can you answer these questions to develop one action statement about your duties or accomplishments?

Statement of Action – What did you do? (Action verb)
Occurrence of Action – How often action occurred/took place (daily, weekly, annually, etc.)
Amount of Action – How much, how many? (20%, 50+, over 100, \$1M, etc.)
Result of Action – Result/outcome of efforts (increased, decreased, designed, saved, implemented, etc.)

Example:

Statement – Managed a technical crew
 Occurrence – Managed a technical crew on a daily basis
 Amount – Managed a technical crew of over 20 people on a daily basis
 Result – Managed a technical crew of over 20 people, on a daily basis, that increased production 3 quarters in a row