

Types of Drugs and Health Risks

Schedule I: Heroin, LSD, Peyote, Mescaline, Psilocybin (Shrooms), Other hallucinogens, Methaqualone (Quaaludes), Phencyclidine (PCP) and MDA

Health Risks: Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, death, unpredictable behavior with hallucinogens; possible damage to unborn fetus.

Schedule II: Morphine, Demerol, Codeine, Percodan, Percocet, Fentanyl, Dilaudid, Seconal, Nembutal, Cocaine, Amphetamines, and other opium, opium extracts and narcotics.

Health Risks: Psychologically and physically addictive; withdraws symptoms, convulsions, respiratory failure, frequent accidents; possible damage to unborn fetus; death; cocaine and amphetamines increase blood pressure which can lead to irregular heartbeat and death; amphetamines can cause agitation, increase in body temperature, hallucinations, convulsions, possible death.

Schedule III: Certain barbiturates such as amobarbital and codeine containing medicine such as Fiorinal #3, Doriden, Tylenol #3, Empirin #3, and codeine-based cough suppressants such as Tus-sionex and Hycomine and all anabolic steroids.

Health Risks: Psychologically and physically addictive; potential liver damage, nausea and vomiting; dizziness, disorientation, shallow breathing, cold and clammy skin, coma, possible death; withdrawal symptoms--anxiety, tremors, insomnia, convulsion; possible damage to unborn fetus.

Schedule IV: Barbiturates, narcotics, and stimulants, including Valium, Talwin, Librium Equanil, Darvon, Darvocet, Placidyl, Tranzene, Serax, Ionamin (yellow jackets).

Health Risks: Psychologically and physically addictive; drowsiness, withdrawal symptoms--tremors, abdominal and muscle cramps, insomnia, anxiety, convulsions, possible death; possible damage to unborn fetus.

Schedule V: Compounds that contain very limited amounts of codeine, dihydrocodeine, ethl-morphine, opium, and atropine, such as Terpene Hydrate with codeine and Robitussin AC.

Health Risks: Psychologically and physically addictive; nausea, gastrointestinal symptoms, drowsiness, withdrawal symptoms--runny nose, watery eyes, panic, chills, cramps, irritability, nausea; possible damage to unborn fetus.

Schedule VI: Marijuana, THC, Hashish, Hash Oil, Tetrahydrocannabinol.

Health Risks: Psychologically addictive; increased risk of lung cancer, bronchitis, and emphysema; contributes to heart disease, fatigue, paranoia, possible psychosis; withdrawal symptoms insomnia, hyperactivity and decreased appetite; depression of the immune system; decrease sperm count in men and irregular ovulation in women.

Types of Alcohol: Unfortified wine is wine not more than 17% alcohol. Malt beer, 2 of 1% to Malt beverage is beer, 2 of 1% to 6% alcohol. Fortified wine is wine not more than 24% alcohol. Spirituous liquor is distilled spirits or ethylalcohol, including spirits of wine, whiskey, rum, brandy, gin, etc. Mixed beverage is a drink composed in whole or part of spirituous liquor.

Health Risks: Psychologically and physically addictive; respiratory depression; depression of the immune system; increase risk of heart disease, cancer, accidents, hypertension; brain damage; liver damage; damage to the unborn fetus; impotence at high dosage levels.

Alcohol and Other Drug Resources

University Affiliated Resources

- Campus Police SH, Ext. 7786
- Student Counseling Services, EL 202, Ext. 6162

- Boyd Health Services, EL 104, Ext 7107
- Housing/Residence Life and Dining Services, ML 121, Ext. 7444
- Office of Student Affairs, MUC 206, Ext. 7341
- For more information about these offices, please see the Useful Information section in this handbook.

Non-University Affiliated Resources

- Self-Help Groups
 - Alcoholics Anonymous (AA) and Al-Anon, 951 Clark St., 647-0225
 - Narcotics Anonymous, (615) 297-9762
 - Volunteer Region of NA (615) 256-5411
- Hotlines
 - Crisis Call Line, 24-hours, 648-1000
 - Access Alcohol and Drug Abuse, 24-hour, 800-861-6864 (detox and rehab, alcohol and drug treatment program)
 - Addiction and Abuse Issues, 24-hour, 800-222-0828
 - Alcohol A, 24-hour Action Detox, 800-410-2973
 - Alcohol AAA Abuse line, 24-hour, 800-821-HELP (Highland Ridge Hospital)
 - Alcohol Abuse, 24-hour, 877-345-3370
 - Alcohol Abuse Action, 24-hour, 270-782-7963
 - Alcohol Abuse and Crisis Intervention, 800-234-0246
 - Narcotics Abuse, 24-hour, 905-7093
- Treatment Centers
 - Chattanooga
 - Council for Alcohol and Drug Abuse Services, Alcohol Information Center, 205 Minor St., Chattanooga, TN 37405, (423) 756-7644
 - Clarksville
 - Centerstone, 511 Eighth St., Clarksville, TN 37040, 920-7200
 - Memphis
 - Comprehensive Counseling Network, (901) 353-5440, 215 Whitney Ave., Memphis, TN 38127
 - Memphis Alcohol and Drug Council, 1450 Polar Ave., Memphis, TN 38104, (901) 274-0056
 - Nashville
 - Alcohol and Drug Council, (615) 269-0029, 2612 Westwood Dr., Nashville, TN 37204
 - Bethlehem Centers of Nashville, (615) 329-3386, 1417 Charlotte Ave., Nashville, TN 37203
 - Cumberland Heights, 800-646-9998, 8283 River Road Pike, Nashville, TN 37209
 - Centerstone, (615) 463-6600, Mainline, Nashville, TN 37201
 - Edgehill Center, (615) 256-5108, 935 Edgehill Ave., Nashville, TN 37203
 - Meharry Medical College, (615) 327-6000, 1005 Dr. D.B. Todd Jr. Blvd, Nashville, TN 37208
 - Oasis Center, (615) 327-4455, 1221 16th Ave. S., Nashville, TN 37212
 - Parthenon Pavilion, (615) 342-1400
 - Samaritan Recovery Community, (615) 244-4802, 319 4th St., Nashville, TN 37206
 - Tennessee Alcohol and Drug Council, (615) 269-0029, 2612 Westwood Dr., Nashville, TN 37204
 - Vanderbilt Mental Health Center, (615) 322-0387, 1161 21st Ave. S., Nashville, TN 37201